

# Clinical trials of antithrombotics for thrombosis prevention in medical patients

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## 1 Extended-duration prophylaxis

Trial	Treatments	Patients	Trials design and methods
<b>Extended-duration prophylaxis vs error</b>			
<b>EXCLAIM , 2010</b> [NCT00077753] n=2975/2988 follow-up: 28 days	Enoxaparin, 40 mg/d subcutaneously (for 28 +/-4 days after receiving openlabel enoxaparin for an initial 10+/-4 days versus placebo for 28 +/-4 days after receiving openlabel enoxaparin for an initial 10+/-4 days.	Acutely Ill Medical Patients With Recently Reduced Mobility	Parallel groups double-blind North and South America
<b>rivaroxaban vs placebo</b>			
<b>MARINER , 2018</b> [NCT02111564] n=6007/6012 follow-up:	once-daily rivaroxaban at a dose of 10 mg (with the dose adjusted for renal insufficiency) , begun at hospital discharge and continued for 45 days versus placebo	high-risk medical patients : medically ill patients who were at increased risk for venous thromboembolism on the basis of a modified International Medical Prevention Registry on Venous Thromboembolism (IMPROVE) score of 4 or higher (scores range from 0 to 10, with higher scores indicating a higher risk of venous thromboembolism) or a score of 2 or 3 plus a plasma d-dimer level of more than twice the upper limit of the normal range (defined according to local laboratory criteria)	double blind

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Hull RD, Schellong SM, Tapson VF, Monreal M, Samama MM, Nicol P, Vicaud E, Turpie AG, Yusen RD Extended-duration venous thromboembolism prophylaxis in acutely ill medical patients with recently reduced mobility: a randomized trial. *Ann Intern Med* 2010;153:8-18 [20621900] [10.1059/0003-4819-153-1-201007060-00004](https://doi.org/10.1059/0003-4819-153-1-201007060-00004)

### MARINER, 2018:

Raskob GE, Spyropoulos AC, Zrubek J, Ageno W, Albers G, Elliott CG, Halperin J, Haskell L, Hiatt WR, Maynard GA, Peters G, Spiro T, Steg PG, Suh EY, Weitz JI The MARINER trial of rivaroxaban after hospital discharge for medical patients at high risk of VTE. Design, rationale, and clinical implications. *Thromb Haemost* 2016;115:1240-8 [26842902]

Spyropoulos AC Rivaroxaban for Thromboprophylaxis after Hospitalization for Medical Illness. *N Engl J Med* 2018;379:1118-1127 [30145946] [10.1056/NEJMoa1805090](https://doi.org/10.1056/NEJMoa1805090)

## 2 low molecular weight heparin

<b>Trial</b>	<b>Treatments</b>	<b>Patients</b>	<b>Trials design and methods</b>
<b>dalteparin vs placebo</b>			
Leizorovicz , 2004 n=1856/1850 follow-up: 21 days	Dalteparin 5000E once daily, 1' days versus placebo	Congestive heart failure (NYHA IIIIV), acute or chronic respiratory disease, infectious and rheumatologic disease	Parallel groups double blind
<b>Enoxaparin vs placebo</b>			
LIFENOX , 2011 [NCT00622648] n=4171/4136 follow-up: 30 days	subcutaneous enoxaparin 40 mg daily for 104 days versus placebo	hospitalized, acutely ill medical patients	Parallel groups double-blind China, India, Korea, Malaysia, Mexico, the Philippines, and Tunisia
Lederle , 2006 n=140/140 follow-up: 90 days	Enoxaparin 40 mg once daily, until hospital discharge versus placebo	Hospitalization in general medical unit	Parallel groups double blind
MEDENOX , 1999 n=291/288 follow-up: 6-14 days	Enoxaparin 20 mg or 40 mg once daily, 614 days versus placebo	Acute decompensated chronic obstructive pulmonary disease with mechanical ventilation	Parallel groups double blind
<b>Nadroparin vs placebo</b>			
Bergmann , 1996 n=NA follow-up: up to 21	nadroparin 7500 u anti-Xa once daily versus placebo	hospitalized medical	Parallel groups
Fraisse , 2000 n=109/114 follow-up: <=21 days	Nadroparin 38005700E once daily, Until no longer mechanical ventilation, <=21 days versus placebo	Acute decompensated chronic obstructive pulmonary diseasewith mechanical ventilation	Parallel groups double blind
Mahe , 2005 n=1230/1244 follow-up: <=21 days	nadroparin 7500E once daily, Until hospital discharge, <=21 days versus placebo	Congestive heart failure (NYHA IIIIV), acute or respiratory disease, nonpulmonary sepsis, cancer	Parallel groups double blind
<b>Pharmuka vs placebo</b>			
Dahan , 1986 n=132/131 follow-up: <10 days	Pharmuka 60 mg once daily, Until hospital discharge,<=10 days versus placebo	Congestive heart failure (NYHA IIIIV), acute or respiratory infectious disease	Parallel groups double blind
<b>certoparin vs UFH</b>			
CERTIFY , 2010 n=NA	-	-	
<b>dalteparin vs UFH</b>			
PROTECT , 2011 [NCT00182143] n=1873/1873 follow-up:	subcutaneous dalteparin 5000 IU once daily versus unfractionated heparin 5000 IU twice daily	critically ill patients	Parallel groups double-blind Canada, Australia, Brazil, Saudi Arabia, US, UK
<b>enoxaparin vs UFH</b>			

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<b>Trial</b>	<b>Treatments</b>	<b>Patients</b>	<b>Trials design and methods</b>
<b>Bergmann and Neuhart , 1996</b> n=NA follow-up: 10 days	enoxaparin 20 mg once daily for 10 days versus unfractionated heparin (UFH) 5000 IU twice daily	elderly in-patients bedridden for an acute medical illness	Parallel groups double-blind
<b>Lechler , 1996</b> n=NA follow-up: 7 days	enoxaparin 40 mg versus unfractionated heparin (Ca-heparin), 3 x 5,000 U)	hospitalized medical patients	Parallel groups double-blind
<b>Kleber , 2003</b> n=NA follow-up: 10 +/- 2 days	enoxaparin 40 mg once daily for 10 +/-2 days versus UFH 5000 IU 3 times daily for 10 +/-2 days	severe respiratory disease or heart failure	Parallel groups open Germany
<b>LMWH vs UFH</b>			
<b>Harenberg , 1990</b> n=NA follow-up: 10 days	1 x 1.500 aPTT units of a LMW heparin fraction versus 3 x 5.000 IU of an unfractionated heparin	patients aged 40-80 years	Parallel groups double-blind
<b>Harenberg , 1996</b> n=NA follow-up: 10 days	1 daily subcutaneous administration of LMW heparin for 10 days versus 3 x 5,000 IU unfractionated (UF) heparin for 10 days	medical inpatients	Parallel groups double-blind

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### 3 NOAC

Trial	Treatments	Patients	Trials design and methods
<b>apixaban vs enoxaparin</b>			
<b>ADOPT , 2011</b> [NCT00457002] n=3255/3273 follow-up: 30 days	apixaban, administered orally at a dose of 2.5 mg twice daily for 30 days versus enoxaparin, administered subcutaneously at a dose of 40 mg once daily for 6 to 14 days	acutely ill patients who had congestive heart failure or respiratory failure or other medical disorders and at least one additional risk factor for venous thromboembolism and who were hospitalized with an expected stay of at least 3 days	double-blind
<b>betrixaban vs enoxaparin</b>			
<b>APEX , 2016</b> [NCT01583218] n=3759/3754 follow-up:	betrixaban (at a dose of 80 mg once daily) for 35 to 42 days versus subcutaneous enoxaparin (at a dose of 40 mg once daily) for 104 days	Patients who were hospitalized for acute medical illnesses and with an elevated d-dimer level	Parallel groups double-blind

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## 4 platelet aggregation inhibitors

Trial	Treatments	Patients	Trials design and methods
<b>aspirin + dipyridamol vs control</b>			
Chicago , 1982 n=12/15 follow-up:	aspirin, 300 mg bid, and dipyridamole, 75 mg tid versus control	patients with acute spinal cord injury	Parallel groups open
<b>aspirin + dipyridamol vs placebo</b>			
Frankfurt , 1981 <i>unpublished</i> n=25/14 follow-up:	A+Dip,A1320 versus placebo	patients with myocardial infarction	Parallel groups double-blind
<b>dipyridamol + ASA vs placebo</b>			
Denver-II , 1980 n=19/19 follow-up: 18 months	dipyridamole 100 mg a day and aspirin 1200 mg a day versus placebo	patients with recurring venous thromboembolism	Parallel groups double-blind
<b>ticlopidine vs placebo</b>			
McKenna-II , 1983 <i>unpublished</i> n=27/26 follow-up:	Ticlopidine versus placebo	high risk (post CVA) medical patients	Parallel groups double-blind

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## 5 synthetic oligosaccharide

Trial	Treatments	Patients	Trials design and methods
<b>fondaparinux vs placebo</b>			
<b>ARTEMIS (Cohen) , 2006</b> n=425/414 follow-up: 6-15 days	Fondaparinux 2.5 mg once daily for 614 days versus placebo	High-risk medical patients	Parallel groups double blind 8 countries
<b>fondaparinux vs enoxaparin</b>			
<b>BRiEF</b> [NCT00521885] n=NA follow-up:	fondaparinux 2.5mg qd versus enoxaparin 40mg qd	acute medically ill, non-surgical patients	Parallel groups Germany

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### BRiEF, :

## 6 unfractionated heparin

Trial	Treatments	Patients	Trials design and methods
<b>UFH vs control</b>			
<b>Blech , 1981</b> n=50/50 follow-up: <=14 days	Unfractionated heparin, 5000 U trice daily, until mobilized versus control	Heart failure, chest infection	Parallel groups open
<b>Cade</b> n=NA follow-up: <=10 days	-	Age >40, complete bed rest, cardiac failure, obesity, previous VTE, cancer or recent surgery	Parallel groups
<b>Gardlund , 1996</b> n=5776/5917 follow-up: <=60 days	Unfractionated heparin, 5000 U twice daily, until hospital discharge, <=21 days versus control	Age >55, infectious disease Immobilization	Parallel groups open

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## 7 About TrialResults-center.org

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The TrialResults-center database provides a unique view of the treatment efficacy based on all data provided directly from clinical trial results, offering a valuable alternative to personal bibliographic search, published meta-analysis, etc. Furthermore, it would allow comparing easily the various concurrent therapeutic for the same clinical condition.

Rigorous meta-analysis method is used to populate TrialResults-center: widespread search of published and non published trials, study selection using pre-specified criteria, data extraction using standard form.

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