

# Clinical trials of cholesterol lowering intervention for cardiovascular prevention in diabetic patients

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## 1 fibrates

Trial	Treatments	Patients	Trials design and methods
<b>bezafibrate vs placebo</b>			
<b>SEND CAP , 1998</b> n=81/83 follow-up: 3.0 years	bezafibrate 400 mg daily versus placebo	type 2 diabetic subjects without a history of clinical cardiovascular	Parallel groups double blind UK
<b>clofibrate vs placebo</b>			
<b>Hanefeld , 1991</b> n=379/382 follow-up: 5 years	clofibric acid 1.6 g/day versus placebo	newly diagnosed middle-aged (30- to 55-yr-old) patients with non-insulin-dependent diabetes mellitus	Parallel groups double-blind Germany
<b>Harrold , 1969</b> n=30/33 follow-up: 1 years	clofibrate versus placebo	diabetic retinopathy	Parallel groups double-blind
<b>etofibrate vs placebo</b>			
<b>Emmerich , 2009</b> n=NA follow-up: 12 months	etofibrate 1g/j versus placebo	patients with type 2 diabetes mellitus and concomitant diabetic retinopathy	Parallel groups double-blind Germany
<b>fenofibrate vs placebo</b>			
<b>FIELD , 2005</b> [ISRCTN64783481] n=4895/4900 follow-up: 5y	fenofibrate 200 mg daily versus placebo	aged 50-75 years, with type 2 diabetes mellitus, and not taking statin therapy at study entry	
<b>DAIS , 2001</b> n=207/211 follow-up: 3.3 years	fenofibrate 200 mg/day versus placebo	men and women with type 2 diabetes and coronary atherosclerosis	Parallel groups double-blind Canada, Finland, France, Sweden
<b>gemfibrozil vs placebo</b>			
<b>HHS (sub group) , 1987</b> n=135 follow-up:	gemfibrozil 600mg twice daily versus placebo	asymptomatic middle-aged men (40 to 55 years of age) with primary dyslipidemia (non-HDL cholesterol greater than or equal to 200 mg per deciliter	double blind

continued...

<b>Trial</b>	<b>Treatments</b>	<b>Patients</b>	<b>Trials design and methods</b>
VA-HIT (sub group) , 1999 n=309/318 follow-up: 5.1 y	gemfibrozil 1200 mg per day versus placebo	men with coronary heart disease, an HDL cholesterol level of 40 mg per deciliter (1.0 mmol per liter) or less, and an LDL cholesterol level of 140 mg per deciliter (3.6 mmol per liter) or less.	Parallel groups double blind
<b>fenofibrate vs placebo (on top simvastatine)</b>			
ACCORD lipid , 2010 [NCT00000620] n=2765/2753 follow-up: 4.7y	fenofibrate on top simvastatin versus placebo (on top simvastatine)	high-risk patients with type 2 diabetes	Factorial plan double-blind United States and Canada
ACCORD lipid (subgroup Eye study) , 2010 [NCT00000620] n=806/787 follow-up: 4.7y	fenofibrate on top simvastatin versus placebo (on top simvastatine)	high-risk patients with type 2 diabetes	Factorial plan double-blind United States and Canada

## References

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### FIELD, 2005:

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### DAIS, 2001:

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### HHS (sub group), 1987:

### VA-HIT (sub group), 1999:

### ACCORD lipid, 2010:

### ACCORD lipid (subgroup Eye study), 2010:

## 2 statins

Trial	Treatments	Patients	Trials design and methods
<b>atorvastatin vs placebo</b>			
ASCOT (diabetics sub group) , 2003 n=1258/1274 follow-up:	10 mg atorvastatin versus placebo	hypertensive patients with no history of coronary heart disease (CHD) but at least three cardiovascular risk factors	
Deutsche Diabetes Dialyse Studie (4D) , 2005 n=619/636 follow-up: 4 y (median)	atorvastatin 20mg daily versus matching placebo	patients with type 2 diabetes mellitus on maintenance hemodialysis	Parallel groups double blind
ASPEN , 2006 n=1211/1199 follow-up: 4y	atorvastatin 10mg daily versus placebo	patients s with type 2 diabetes and LDL cholesterol levels below contemporary guideline targets	Parallel groups double blind
CARDS , 2004 [NCT00327418] n=1429/1412 follow-up: 3.9 years	atorvastatin 10mg/d versus placebo	patients with type 2 diabetes without high concentrations of LDL-cholesterol and at least one of the following: retinopathy, albuminuria, current smoking, or hypertension.	Parallel groups double blind UK, Irelande
<b>fluvastatin vs placebo</b>			
LIPS (sub group) , 2002 n=120/82 follow-up: 3.9y	fluvastatin versus placebo	patients (aged 18-80 years) with stable or unstable angina or silent ischemia following successful completion of their first PCI who had baseline total cholesterol levels between 135 and 270 mg/dL	Parallel groups double blind
ALERT (sub group) , 2003 n=197/199 follow-up:	fluvastatin versus placebo	renal transplant recipients with total cholesterol 4090 mmol/L	Parallel groups double blind
<b>lovastatin vs placebo</b>			
AFCAPS/TexCAPS (sub group) , 1998 n=84/71 follow-up:	lovastatin versus placebo	men and women without clinically evident atherosclerotic cardiovascular disease with average total cholesterol (TC) and LDL-C levels and below-average high-density lipoprotein cholesterol (HDL-C) levels	Parallel groups double blind
<b>pravastatin vs placebo</b>			
PROSPER (sub group) , 2002 n=320/303 follow-up: 3.2y mean	pravastatin 40mg daily versus placebo	mena and women aged 7082 years with a history of, or risk factors for, vascular disease	Parallel groups double blind
LIPID (sub group) , 1998 n=396/386 follow-up: mean 6.1y	pravastatin 40 mg daily versus placebo	patients with a history of myocardial infarction or hospitalization for unstable angina and initial plasma total cholesterol levels of 155 to 271 mg per deciliter	Parallel groups double blind Australia, New Zealand

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<b>Trial</b>	<b>Treatments</b>	<b>Patients</b>	<b>Trials design and methods</b>
<b>CARE (sub group) , 1998</b> n=282/304 follow-up:	pravastatin versus placebo	men and postmenopausal women between 21 to 75 years of age, with MI between 3 and 20 months before randomization and plasma total cholesterol values <240mg/dL, LDL-C levels between 115 and 174mg/dL, and triglycerides <350mg/dL	Parallel groups
<b>WOSCOPS (sub group) , 1996</b> n=70 follow-up: mean 4.9y	pravastatin 40 mg daily versus placebo	men aged 45-64 years with no history of myocardial infarction and plasma total cholesterol concentrations of 6.5-8.0 mmol/L at initial screening	double blind
<b>simvastatin vs placebo</b>			
<b>HPS (sub group) , 2002</b> n=2978/2985 follow-up:	simvastatin 40mg daily versus placebo	Men and women diabetes aged about 4080 years with non-fasting blood total cholesterol concentrations of at least 35 mmol/L (135 mg/dL)	Parallel groups double blind
<b>4S (sub group) , 1999</b> n=251/232 follow-up: 5.4y	simvastatin versus placebo	diabetic men and women aged 35 to 70 years with previous MI or active, stable angina pectoris and with serum total cholesterol level between 5.5 to 8.0 mmol/L and serum triglyceride level <=2.5 mmol/L	Parallel groups double blind Denmark, Finland, Iceland, Norway, and Sweden
<b>pravastatin vs usual care</b>			
<b>GISSI P (sub group) , 2000</b> n=NA follow-up: median 24.3 months	pravastatin 20 mg daily versus usual care	recent acute myocardial infarction patients (<or = 6 months) with total blood cholesterol >or = 200 mg/dl	open
<b>ALLHAT-LLT (sub group) , 2002</b> n=1855/1783 follow-up:	pravastatin versus usual care	Ambulatory persons aged 55 years or older, with lowdensity lipoprotein cholesterol (LDL-C) of 120 to 189 mg/dL (100 to 129 mg/dL if known CHD) and triglycerides lower than 350 mg/dL	Parallel groups open
<b>atorvastatin high dose vs atorvastatin</b>			
<b>TNT (sub group) , 2006</b> n=748/753 follow-up: 4.9 y	atorvastatin 80 mg daily versus atorvastatin 10 mg daily	patients with stable coronary heart disease	double blind
<b>aggressive cholesterol-lowering vs moderate cholesterol-lowering</b>			
<b>Post CABG (sub group) , 1999</b> n=116 follow-up:	aggressive cholesterol-lowering versus moderate cholesterol-lowering	patients 1-11 years after CABG	double blind
<b>pravastatin high dose vs pravastatin</b>			
<b>PROVE IT TIMI 22 (diabetic sub group) , 2006</b> n=373/361 follow-up: 24 months mean	pravastatin 80mg daily versus pravastatin 40mg daily	patients hospitalized for an acute coronary syndrome within the preceding 10 days	Parallel groups double blind

## References

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Deutsche Diabetes Dialyse Studie (4D), 2005:  
ASPEN, 2006:  
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LIPS (sub group), 2002:  
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TNT (sub group), 2006:  
Post CABG (sub group), 1999:  
PROVE IT TIMI 22 (diabetic sub group), 2006:

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## 3 strategy

Trial	Treatments	Patients	Trials design and methods
<b>aggressive treatment vs standard treatment</b>			
SANDS , 2008 [NCT00047424] n=252/247 follow-up: 3 years	aggressive targets of LDL-C of 70 mg/dL or lower and SBP of 115 mm Hg or lower versus standard targets of LDL-C of 100 mg/dL or lower and SBP of 130 mm Hg or lower	adults with type 2 diabetes	Parallel groups open US

## References

SANDS, 2008:

## 4 About TrialResults-center.org

TrialResults-center is an innovative knowledge database that collects the results of RCTs and provides dynamic interactive systematic reviews and meta-analysis in the field of all major heart and vessels diseases.

The TrialResults-center database provides a unique view of the treatment efficacy based on all data provided directly from clinical trial results, offering a valuable alternative to personal bibliographic search, published meta-analysis, etc. Furthermore, it would allow comparing easily the various concurrent

therapeutic for the same clinical condition.

Rigorous meta-analysis method is used to populate TrialResults-center: widespread search of published and non published trials, study selection using pre-specified criteria, data extraction using standard form.

TrialResults-center is continually updated on a weekly basis. We continually search all new results (whatever their publication channel) and these news results are immediately added to the database with a maximum of 1 week.

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