

# Clinical trials of cholesterol lowering intervention for post myocardial infarction in all type of patients

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## 1 diet

Trial	Treatments	Patients	Trials design and methods
<b>low fat diet vs mediterranean-style diet</b>			
<b>Tuttle , 2008</b> n=NA follow-up: 24 months	low-fat versus Mediterranean-style diets	First MI survivors	Parallel groups open

## References

### Tuttle, 2008:

Tuttle KR, Shuler LA, Packard DP, Milton JE, Daratha KB, Bibus DM, Short RA Comparison of low-fat versus Mediterranean-style dietary intervention after first myocardial infarction (from The Heart Institute of Spokane Diet Intervention and Evaluation Trial). Am J Cardiol 2008;101:1523-30 [[18489927](#)]

## 2 ezetimibe

Trial	Treatments	Patients	Trials design and methods
<b>ezetimibe vs control</b>			
<b>IMPROVE-IT , 2014</b> [NCT00202878] n=9067/9077 follow-up: 5.68 years	10 mg/day of ezetimibe and 40 mg/day of simvastatin versus simvastatin 40 mg/day	subjects with stabilized high-risk acute coronary syndrome	Parallel groups double blind 39 countries

## References

### IMPROVE-IT, 2014:

Cannon CP, Blazing MA, Giugliano RP, McCagg A, White JA, Theroux P, Darius H, Lewis BS, Ophuis TO, Jukema JW, De Ferrari GM, Ruzyllo W, De Lucca P, Im K, Bohula EA, Reist C, Wiviott SD, Tershakovec AM, Musliner TA, Braunwald E, Califf RM Ezetimibe Added to Statin Therapy after Acute Coronary Syndromes. N Engl J Med 2015;372:2387-97 [[26039521](#)]

## 3 fibrates

Trial	Treatments	Patients	Trials design and methods
<b>bezafibrate vs placebo</b>			
<b>BECAIT , 1996</b> n=47/45 follow-up: 5.0 years	bezafibrate 200 mg three times daily versus placebo	dyslipidaemic male survivors of myocardial infarction who were younger than 45 years at the time of the event	Parallel groups double blind Sweden
<b>BIP , 2000</b> n=1548/1542 follow-up: 6.2 y	bezafibrate 400 mg/d versus placebo	patients with a previous myocardial infarction or stable angina, total cholesterol of 180 to 250 mg/dL, HDL-C $\leq$ 45 mg/dL, triglycerides $\leq$ 300 mg/dL, and low-density lipoprotein cholesterol $\leq$ 180 mg/dL	Parallel groups double blind Israel
<b>gemfibrozil vs placebo</b>			
<b>VA-HIT , 1999</b> [NCT00283335] n=1264/1267 follow-up: 5.1 years	gemfibrozil 1.2g daily versus placebo	men with coronary heart disease, an HDL cholesterol level of 40 mg per deciliter (1.0 mmol per liter) or less, and an LDL cholesterol level of 140 mg per deciliter (3.6 mmol per liter) or less	Parallel groups double blind USA

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de Faire U, Ericsson CG, Hamsten A, Nilsson J Design features of a five-year Bezafibrate Coronary Atherosclerosis Intervention Trial (BECAIT). *Drugs Exp Clin Res* 1995;21:105-24 [7555614]

### BIP, 2000:

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### VA-HIT, 1999:

Rubins HB, Robins SJ, Collins D, Fye CL, Anderson JW, Elam MB, Faas FH, Linares E, Schaefer EJ, Schectman G, Wilt TJ, Wittes J, Gemfibrozil for the secondary prevention of coronary heart disease in men with low levels of high-density lipoprotein cholesterol. Veterans Affairs High-Density Lipoprotein Cholesterol Intervention Trial Study Group. *N Engl J Med* 1999; 341:410-8 [10438259]

Adabag AS, Mithani S, Al Alou B, Collins D, Bertog S, Bloomfield HE Efficacy of gemfibrozil in the primary prevention of atrial fibrillation in a large randomized controlled trial. *Am Heart J* 2009 May;157:913-8 [19376321]

## 4 other cholesterol lowering drugs

Trial	Treatments	Patients	Trials design and methods
<b>clofibrate+niacin vs placebo</b>			
<b>Carlson (Stockholm) , 1977</b> n=279/276 follow-up: 5 years	clofibrate, 1 g twice daily, and nicotinic acid 1 g three times daily versus control	survivors of a myocardial infarction below 70 years of age	Parallel groups open Sweden

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### Carlson (Stockholm), 1977:

Carlson LA, Danielson M, Ekberg I, Klintemar B, Rosenhamer G, Reduction of myocardial reinfarction by the combined treatment with clofibrate and nicotinic acid. *Atherosclerosis* 1977; 28:81-6 [911371]

Carlson LA, Rosenhamer G, Reduction of mortality in the Stockholm Ischaemic Heart Disease Secondary Prevention Study by combined treatment with clofibrate and nicotinic acid. *Acta Med Scand* 1988; 223:405-18 [3287837]

## 5 statins

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Trial	Treatments	Patients	Trials design and methods
<b>pravastatin vs placebo</b>			
<b>CARE , 1996</b> n=2081/2078 follow-up: 5 years	pravastatin 40 mg/d versus placebo	men and women with myocardial infarction who had plasma totalcholesterol levels below 240 mg per deciliter (mean,209) and low-density lipoprotein (LDL) cholesterollevels of 115 to 174 mg per deciliter	Parallel groups double blind USA, Canada
<b>LIPID , 1998</b> n=4512/4502 follow-up: 6.1 years	pravastatin 40 mg/d versus placebo	patients with previous myocardial infarction or unstable angina and a baseline plasma cholesterol concentration of 4.0-7.0 mmol/L	Parallel groups double blind Australie et Nouvelle Zlande
<b>PACT , 2004</b> n=1710/1689 follow-up: 30 days	pravastatin initiated within 24 hours of onset of synptoms and for 4 weeks versus placebo	patients with unstable angina, non-ST-segment elevation myocardial infarction, or ST-segment elevation myocardial infarction <24 hours	Parallel groups double blind
<b>simvastatin vs placebo</b>			
<b>4S , 1994</b> n=2221/2223 follow-up: 5.4 years	simvastatin 20 or 40 mg/d, target CT between 3 et 5.2 mmol/l versus placebo	patients with angina pectoris or previous myocardial infarction and serum cholesterol 5.5-8.0 mmol/L on a lipid-lowering diet	Parallel groups double blind Scandinavia

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### CARE, 1996:

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### LIPID, 1998:

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### 4S, 1994:

, Randomised trial of cholesterol lowering in 4444 patients with coronary heart disease: the Scandinavian Simvastatin Survival Study (4S) Lancet 1994; 344:1383-9 [7968073]

## 6 statins high dose

Trial	Treatments	Patients	Trials design and methods
<b>atorvastatin high dose vs atorvastatin</b>			
TNT , 2005 [NCT00327691] n=4995/5006 follow-up: 4.9 years	80 mg of atorvastatin daily versus 10 mg of atorvastatin daily	Chronic coronary artery disease LDL cholesterol <3.4 mmol/L	Parallel groups double blind 14 countries
<b>atorvastatin high dose vs lovastatin</b>			
Vascular basis , 2005 n=197/103 follow-up: 1 year	atorvastatin (80 mg) with or without vitamin C and E versus low dose lovastatin (5 mg)	Chronic coronary artery disease	Parallel groups double blind
<b>atorvastatin high dose vs pravastatin</b>			
REVERSAL , 2004 n=327/327 follow-up: 1.5 years	atorvastatin 80 mg daily versus Pravastatin(40 mg)	Chronic coronary artery disease	Parallel groups double blind
SAGE , 2007 n=446/445 follow-up: 1 years	atorvastatin 80 mg daily versus pravastatin(40 mg)	Chronic coronary artery disease	Parallel groups double blind
<b>atorvastatin high dose vs simvastatin</b>			

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Trial	Treatments	Patients	Trials design and methods
<b>IDEAL , 2005</b> [NCT00159835] n=4439/4449 follow-up: 4.8 years	atorvastatin 80mg daily versus simvastatine 20mg/j	Men and women aged 80 years or younger with a history of a definite myocardial infarction and who qualified for statin therapy according to national guidelines	Parallel groups open Denmark, Finland, Iceland, Netherlands, Norway, Sweden

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### TNT, 2005:

LaRosa JC, Grundy SM, Waters DD, Shear C, Barter P, Fruchart JC, Gotto AM, Greten H, Kastelein JJ, Shepherd J, Wenger NK Intensive lipid lowering with atorvastatin in patients with stable coronary disease. *N Engl J Med* 2005 Apr 7;352:1425-35 [[15755765](#)]

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### REVERSAL, 2004:

Nissen SE, Tuzcu EM, Schoenhagen P, Brown BG, Ganz P, Vogel RA, Crowe T, Howard G, Cooper CJ, Brodie B, Grines CL, DeMaria AN Effect of intensive compared with moderate lipid-lowering therapy on progression of coronary atherosclerosis: a randomized controlled trial. *JAMA* 2004;291:1071-80 [[14996776](#)]

### SAGE, 2007:

Deedwania P, Stone PH, Bairey Merz CN, Cosin-Aguilar J, Koylan N, Luo D, Ouyang P, Piotrowicz R, Schenck-Gustafsson K, Sellier P, Stein JH, Thompson PL, Tzivoni D Effects of intensive versus moderate lipid-lowering therapy on myocardial ischemia in older patients with coronary heart disease: results of the Study Assessing Goals in the Elderly (SAGE). *Circulation* 2007;115:700-7 [[17283260](#)]

### IDEAL, 2005:

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Pedersen TR, Cater NB, Faergeman O, Kastelein JJ, Olsson AG, Tikkanen MJ, Holme I, Larsen ML, Lindahl C, Szarek M Comparison of atorvastatin 80 mg/day versus simvastatin 20 to 40 mg/day on frequency of cardiovascular events late (five years) after acute myocardial infarction (from the Incremental Decrease in End Points through Aggressive Lipid Lowering [IDEAL] trial). *Am J Cardiol* 2010;106:354-9 [[20643245](#)] [10.1016/j.amjcard.2010.03.033](#)

## 7 About TrialResults-center.org

TrialResults-center is an innovative knowledge database that collects the results of RCTs and provides dynamic interactive systematic reviews and meta-analysis in the field of all major heart and vessels diseases.

The TrialResults-center database provides a unique view of the treatment efficacy based on all data provided directly from clinical trial results, offering a valuable alternative to personal bibliographic search, published meta-analysis, etc. Furthermore, it would allow comparing easily the various concurrent therapeutic for the same clinical condition.

Rigorous meta-analysis method is used to populate TrialResults-center: widespread search of published and non published trials, study selection using pre-specified criteria, data extraction using standard form.

TrialResults-center is continually updated on a weekly basis. We continually search all new results (whatever their publication channel) and these news results are immediately added to the database with a maximum of 1 week.

TrialResults-center is non-profit and self-funded.