

# Clinical trials of various beta-blockers

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## 1 hypertension

Trial	Treatments	Patients	Trials design and methods
<b>various beta-blockers vs placebo</b>			
<b>STOP , 1991</b> n=812/815 follow-up: 21y	active antihypertensive therapy (Thiazide and amiloride or beta-blocker) , Atenolol, Metoprolol, Pindolol, HCTZ/Ami versus Placebo	hypertensive men and women aged 70-84 years	Double blind Swezen
<b>various beta-blockers vs diuretics</b>			
<b>Yurenev , 1992</b> n=150/154 follow-up: 40y	hypotensive drugs including beta-blockers versus same combination of drugs including diuretics	hypertensive patients with different degrees of left ventricular hypertrophy (LVH)	
<b>HAPPHY , 1988</b> n=3297/3272 follow-up: 38y	Atenolol, Metoprolol, Propranolol versus Hydrochlorothiazide, Bendroflumethiazide	Men aged 40-64 years with mild to moderate hypertension (diastolic blood pressure 100-130 mmHg) without previous CHD, stroke	open

More details and results :

- anti hypertensive agents for hypertension in all type of patient at <http://www.trialresultscenter.org/go-Q13>
- anti hypertensive agents for hypertension in uncomplicated hypertension at <http://www.trialresultscenter.org/go-Q685>

## References

### STOP, 1991:

Dahlf B, Lindholm LH, Hansson L, Scherstn B, Ekbom T, Wester PO Morbidity and mortality in the Swedish Trial in Old Patients with Hypertension (STOP-Hypertension) Lancet 1991;338:1281-5 [[1682683](#)]

### Yurenev, 1992:

Yurenev AP, Dyakonova HG, Novikov ID, Vitols A, Pahl L, Haynemann G, Wallrabe D, Tsifkova R, Romanovska L, Niderle P Management of essential hypertension in patients with different degrees of left ventricular hypertrophy. Multicenter trial. Am J Hypertens 1992;5:182S-189S [[1352979](#)]

### HAPPHY, 1988:

Wilhelmsen L, Berglund G, Elmfeldt D, Fitzsimons T, Holzgreve H, Hosie J, Hrnkvist PE, Pennert K, Tuomilehto J, Wedel H Beta-blockers versus diuretics in hypertensive men: main results from the HAPPY trial. *J Hypertens* 1987;5:561-72 [[2892881](#)]

Entry terms: various beta blockers