

# Clinical trials of strategy to increase HDL cholesterol

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## 1 cardiovascular prevention

Trial	Treatments	Patients	Trials design and methods
<b>strategy to increase HDL cholesterol vs placebo</b>			
<a href="#">AFREGS , 2005</a> n=143 follow-up: 30 months	Niacin 0.253 g gemfibrozil 1.2 g cholestyramine 2 g versus placebo	military retirees younger than 76 years of age with low HDL cholesterol levels and angiographically evident coronary disease	Parallel groups double-blind

More details and results :

- niacin for cardiovascular prevention in all type of patients at <http://www.trialresultscenter.org/go-Q326>

## References

### AFREGS, 2005:

Whitney EJ, Krasuski RA, Personius BE, Michalek JE, Maranian AM, Kolasa MW, Monick E, Brown BG, Gotto AM Jr A randomized trial of a strategy for increasing high-density lipoprotein cholesterol levels: effects on progression of coronary heart disease and clinical events. Ann Intern Med 2005;142:95-104 [[15657157](#)]