

# Clinical trials of nifedipine

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## 1 hypertension

Trial	Treatments	Patients	Trials design and methods
<b>nifedipine vs placebo</b>			
<a href="#">Syst-Eur (subgroup ) , 1997</a> n=231/210 follow-up: 29 y	nifedipine 10-40 mg daily in first step versus placebo	patients aged 60 years or older	double blind

More details and results :

- anti hypertensive agents for hypertension in very elderly (80 and more) at <http://www.trialresultscenter.org/go-Q14>

## References

### **Syst-Eur (subgroup ) , 1997:**

Staessen JA, Fagard R, Thijs L, Celis H, Arabidze GG, Birkenhger WH, Bulpitt CJ, de Leeuw PW, Dollery CT, Fletcher AE, Forette F, Leonetti G, Nachev C, O'Brien ET, Rosenfeld J, Rodicio JL, Tuomilehto J, Zanchetti A Randomised double-blind comparison of placebo and active treatment for older patients with isolated systolic hypertension. The Systolic Hypertension in Europe (Syst-Eur) Trial Investigators. Lancet 1997;350:757-64 [[9297994](#)]