

# Clinical trials of low fat diet

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## 1 post myocardial infarction

| Trial   | Treatments                                     | Patients           | Trials design and methods |
|---|--|--------------------|---------------------------|
| <b>low fat diet vs mediterranean-style diet</b>               |  |                    |                           |
| <a href="#">Tuttle , 2008</a><br>n=NA<br>follow-up: 24 months | low-fat<br>versus<br>Mediterranean-style diets | First MI survivors | Parallel groups<br>open   |

More details and results :

- cholesterol lowering intervention for post myocardial infarction in all type of patients at <http://www.trialresultscenter.org/go-Q45>

## References

### Tuttle, 2008:

Tuttle KR, Shuler LA, Packard DP, Milton JE, Daratha KB, Bibus DM, Short RA Comparison of low-fat versus Mediterranean-style dietary intervention after first myocardial infarction (from The Heart Institute of Spokane Diet Intervention and Evaluation Trial). Am J Cardiol 2008;101:1523-30 [[18489927](#)]

## 2 cardiovascular prevention

| Trial   | Treatments                                     | Patients           | Trials design and methods |
|---|--|--------------------|---------------------------|
| <b>low fat diet vs mediterranean-style diet</b>               |  |                    |                           |
| <a href="#">Tuttle , 2008</a><br>n=NA<br>follow-up: 24 months | low-fat<br>versus<br>Mediterranean-style diets | First MI survivors | Parallel groups<br>open   |

More details and results :

- cholesterol lowering intervention for cardiovascular prevention in patients with prior MI or with CHD at <http://www.trialresultscenter.org/go-Q12>
- cholesterol lowering intervention for cardiovascular prevention in all chronical situations at <http://www.trialresultscenter.org/go-Q154>

- lifestyle intervention for cardiovascular prevention in all type of patients at <http://www.trialresultscenter.org/go-Q282>
- diet for cardiovascular prevention in all type of patients at <http://www.trialresultscenter.org/go-Q568>

## References

### **Tuttle, 2008:**

Tuttle KR, Shuler LA, Packard DP, Milton JE, Daratha KB, Bibus DM, Short RA Comparison of low-fat versus Mediterranean-style dietary intervention after first myocardial infarction (from The Heart Institute of Spokane Diet Intervention and Evaluation Trial). Am J Cardiol 2008;101:1523-30 [[18489927](#)]

Entry terms: diet