

# Clinical trials of lenient rate control

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## 1 atrial fibrillation

| Trial   | Treatments   | Patients                                    | Trials design and methods                  |
|---|--|---|--|
| <b>lenient rate control vs strict rate control</b>                    |  |   |  |
| <b>RACE II , 2010</b><br>[NCT00392613]<br>n=311/303<br>follow-up: 3 y | lenient rate control (target resting HR <110 bpm)<br>versus<br>strict rate control(target resting HR <80 bpm, and <110 bpm with moderate exercise) | patients with permanent atrial fibrillation | Parallel groups<br>open<br>the Netherlands |

More details and results :

- antiarrhythmic drugs for atrial fibrillation in rate control at <http://www.trialresultscenter.org/go-Q273>
- rate control for atrial fibrillation in all type of patients at <http://www.trialresultscenter.org/go-Q400>

## References

### **RACE II, 2010:**

Van Gelder IC, Groenveld HF, Crijns HJ, Tuininga YS, Tijssen JG, Alings AM, Hillege HL, Bergsma-Kadijk JA, Cornel JH, Kamp O, Tukkie R, Bosker HA, Van Veldhuisen DJ, Van den Berg MP Lenient versus Strict Rate Control in Patients with Atrial Fibrillation. N Engl J Med 2010 Mar 15;: [20231232] [10.1056/NEJMoa1001337](https://doi.org/10.1056/NEJMoa1001337)

Van Gelder IC, Van Veldhuisen DJ, Crijns HJ, Tuininga YS, Tijssen JG, Alings AM, Bosker HA, Cornel JH, Kamp O, Veeger NJ, Volbeda M, Rienstra M, Ranchor AV, TenVergert EM, Van den Berg MP RAtE Control Efficacy in permanent atrial fibrillation: a comparison between lenient versus strict rate control in patients with and without heart failure. Background, aims, and design of RACE II. Am Heart J 2006 Sep;152:420-6 [16923407]