

# Clinical trials of aliskiren

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## 1 hypertension

Trial	Treatments	Patients	Trials design and methods
<b>aliskiren vs amlodipine</b>			
<a href="#">ACCELERATE , 2011</a> [NCT00797862] n=NA follow-up:	-	essential hypertension, were aged 18 years or older, and had systolic blood pressure between 150 and 180 mmHg	
<b>aliskiren vs placebo</b>			
<a href="#">AVOID , 2008</a> [NCT00097955] n=301/298 follow-up: 6 months	aliskiren (150 mg daily for 3 months, followed by an increase in dosage to 300 mg daily for another 3 months) versus placebo	patients with hypertension and type 2 diabetes with nephropathy	Parallel groups double blind 15 countries
<b>aliskiren vs hydrochlorothiazide</b>			
<a href="#">Schmieder (vs HCTZ) , 2009</a> n=567/557 follow-up: 20 weeks	aliskiren 300 mg versus hydrochlorothiazide 25 mg	patients with essential hypertension	Parallel groups double blind
<b>aliskiren vs losartan</b>			
<a href="#">ALLAY , 2009</a> [NCT00219141] n=154/152 follow-up: 9 months	aliskiren 300 mg versus losartan 100 mg	patients with hypertension, increased ventricular wall thickness, and body mass index >25 kg/m <sup>2</sup>	Parallel groups open
<b>aliskiren vs ramipril</b>			
<a href="#">Andersen , 2008</a> n=NA follow-up: 26 weeks	aliskiren 150 mg (up to 300mg) daily versus ramipril 5 mg (up to 10mg) daily	-	Parallel groups double blind

More details and results :

- anti hypertensive agents for hypertension in diabetic patients at <http://www.trialresultscenter.org/go-Q10>
- anti hypertensive agents for hypertension in all type of patient at <http://www.trialresultscenter.org/go-Q13>
- anti hypertensive agents for hypertension in nephropathy at <http://www.trialresultscenter.org/go-Q19>

- renin inhibitor for hypertension in all type of patients at <http://www.trialresultscenter.org/go-Q309>
- renin inhibitor for hypertension in diabetic patients at <http://www.trialresultscenter.org/go-Q310>
- anti hypertensive agents for hypertension in uncomplicated hypertension at <http://www.trialresultscenter.org/go-Q685>
- anti hypertensive agents for hypertension in patients with additional risk factor at <http://www.trialresultscenter.org/go-Q686>

## References

### ACCELERATE, 2011:

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### AVOID, 2008:

Parving HH, Persson F, Lewis JB, Lewis EJ, Hollenberg NK Aliskiren combined with losartan in type 2 diabetes and nephropathy. N Engl J Med 2008;358:2433-46 [18525041]

### Schmieder (vs HCTZ), 2009:

Schmieder RE, Philipp T, Guerediaga J, Gorostidi M, Smith B, Weissbach N, Maboudian M, Botha J, van Ingen H Long-term antihypertensive efficacy and safety of the oral direct renin inhibitor aliskiren: a 12-month randomized, double-blind comparator trial with hydrochlorothiazide. Circulation 2009;119:417-25 [19139391]

### ALLAY, 2009:

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### Andersen, 2008:

Andersen K, Weinberger MH, Egan B, Constance CM, Ali MA, Jin J, Keefe DL Comparative efficacy and safety of aliskiren, an oral direct renin inhibitor, and ramipril in hypertension: a 6-month, randomized, double-blind trial. J Hypertens 2008;26:589-99 [18300872]

## 2 heart failure

Trial	Treatments	Patients	Trials design and methods
<b>Aliskiren vs placebo</b>			
<b>ASTRONAUT , 2013</b> [NCT00894387] n=1639 follow-up: 6 months	Aliskiren versus placebo	stable patients with heart failure, an LVEF <40% (mean 28% ), and elevated natriuretic peptides who had been discharged from a heart-failure hospitalization an average of five days before	Parallel groups double blind North and South america, Europe, Asia

continued...

Trial	Treatments	Patients	Trials design and methods
<b>aliskiren vs Enalapril</b>			
ATMOSPHERE <i>ongoing</i> [NCT00853658] n=NA follow-up:	Aliskiren 150 mg titrated to 300 mg versus enalapril 10 mg	patients with chronic heart failure NYHA Class II - IV.	Parallel groups double blind

More details and results :

- renin inhibitor for heart failure in all type of patients at <http://www.trialresultscenter.org/go-Q311>
- renin inhibitor for heart failure in acute decompensated heart failure at <http://www.trialresultscenter.org/go-Q319>

## References

**ASTRONAUT, 2013:**

**ATMOSPHERE, :**

ongoing trial NCT00853658

McMurray JJ, Krum H, Abraham WT, Dickstein K, Kber LV, Desai AS, Solomon SD, Greenlaw N, Ali MA, Chiang Y, Shao Q, Tarnesby G, Massie BM Aliskiren, Enalapril, or Aliskiren and Enalapril in Heart Failure. N Engl J Med 2016;374:1521-32 [27043774]

McMurray JJ, Krum H, Abraham WT, Dickstein K, Kber LV, Desai AS, Solomon SD, Greenlaw N, Ali MA, Chiang Y, Shao Q, Tarnesby G, Massie BM Aliskiren, Enalapril, or Aliskiren and Enalapril in Heart Failure. N Engl J Med 2016;374:1521-32 [27043774]

Entry terms: CGP 060536B, CGP060536B, CGP-060536B, Tekturna, SPP100,