

# Clinical trials of aggressive treatment

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## 1 cardiovascular prevention

Trial	Treatments	Patients	Trials design and methods
<b>aggressive treatment vs standard treatment</b>			
<a href="#">SANDS , 2008</a> [NCT00047424] n=252/247 follow-up: 3 years	aggressive targets of LDL-C of 70 mg/dL or lower and SBP of 115 mm Hg or lower versus standard targets of LDL-C of 100 mg/dL or lower and SBP of 130 mm Hg or lower	adults with type 2 diabetes	Parallel groups open US

More details and results :

- cholesterol lowering intervention for cardiovascular prevention in diabetic patients at <http://www.trialresultscenter.org/go-Q6>
- cholesterol lowering intervention for cardiovascular prevention in all chronic situations at <http://www.trialresultscenter.org/go-Q154>

## References

### SANDS, 2008:

Fleg JL, Mete M, Howard BV, Umans JG, Roman MJ, Ratner RE, Silverman A, Galloway JM, Henderson JA, Weir MR, Wilson C, Stylianou M, Howard WJ Effect of Statins Alone Versus Statins Plus Ezetimibe on Carotid Atherosclerosis in Type 2 Diabetes The SANDS (Stop Atherosclerosis in Native Diabetics Study) Trial. J Am Coll Cardiol 2008 Dec 16;52:2198-205 [[19095139](#)] [10.1016/j.jacc.2008.10.031](https://doi.org/10.1016/j.jacc.2008.10.031)

Howard BV, Roman MJ, Devereux RB, Fleg JL, Galloway JM, Henderson JA, Howard WJ, Lee ET, Mete M, Poolaw B, Ratner RE, Russell M, Silverman A, Stylianou M, Umans JG, Wang W, Weir MR, Weissman NJ, Wilson C, Yeh F, Zhu J Effect of lower targets for blood pressure and LDL cholesterol on atherosclerosis in diabetes: the SANDS randomized trial. JAMA 2008;299:1678-89 [[18398080](#)]

## 2 diabetes type 2

Trial	Treatments	Patients	Trials design and methods
<b>aggressive treatment vs standard treatment</b>			

continued...

Trial	Treatments	Patients	Trials design and methods
SANDS , 2008 [NCT00047424] n=252/247 follow-up: 3 years	aggressive targets of LDL-C of 70 mg/dL or lower and SBP of 115 mm Hg or lower versus standard targets of LDL-C of 100 mg/dL or lower and SBP of 130 mm Hg or lower	adults with type 2 diabetes	Parallel groups open US

More details and results :

- cholesterol lowering intervention for diabetes type 2 in diabetic patients with or without hypercholesterolemia at <http://www.trialresultscenter.org/go-Q85>

## References

### SANDS, 2008:

Fleg JL, Mete M, Howard BV, Umans JG, Roman MJ, Ratner RE, Silverman A, Galloway JM, Henderson JA, Weir MR, Wilson C, Stylianou M, Howard WJ Effect of Statins Alone Versus Statins Plus Ezetimibe on Carotid Atherosclerosis in Type 2 Diabetes The SANDS (Stop Atherosclerosis in Native Diabetics Study) Trial. J Am Coll Cardiol 2008 Dec 16;52:2198-205 [19095139] 10.1016/j.jacc.2008.10.031

Howard BV, Roman MJ, Devereux RB, Fleg JL, Galloway JM, Henderson JA, Howard WJ, Lee ET, Mete M, Poolaw B, Ratner RE, Russell M, Silverman A, Stylianou M, Umans JG, Wang W, Weir MR, Weissman NJ, Wilson C, Yeh F, Zhu J Effect of lower targets for blood pressure and LDL cholesterol on atherosclerosis in diabetes: the SANDS randomized trial. JAMA 2008;299:1678-89 [18398080]

Entry terms: ezetimibe, Zetia, Ezetrol