

# Clinical trials of Super EPA

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## 1 cardiovascular prevention

Trial	Treatments	Patients	Trials design and methods
<b>Super EPA vs placebo</b>			
<b>Reis , 1991</b> n=146/72 follow-up: 6 months	Super EPA capsules 12x1 g/d (7.0g EPA + DHA + a-lin) ORPromega capsules 12x1 g/d (6.0g EPA + DHA + a-lin) versus placebo (olive oil capsules, 12x1 g/d)	people undergoing angioplasty	Parallel groups double blind US

More details and results :

- omega-3 fatty acids for cardiovascular prevention in all type of patients at <http://www.trialresultscenter.org/go-Q121>
- omega-3 fatty acids for cardiovascular prevention in patients at high risk at <http://www.trialresultscenter.org/go-Q123>

## References

### Reis, 1991:

Reis GJ, Boucher TM, Sipperly ME, Silverman DI, McCabe CH, Baim DS, Sacks FM, Grossman W, Pasternak RC Randomised trial of fish oil for prevention of restenosis after coronary angioplasty. Lancet 1989 Jul 22;2:177-81 [2568519]