

# Clinical trials of Promega

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## 1 cardiovascular prevention

Trial	Treatments	Patients	Trials design and methods
<b>Promega vs control</b>			
<b>Milner , 1989</b> n=100/100 follow-up: 6 months	Promega 9 capsules/d (4.5g EPA + DHA) versus no treatment	people about to undergo angioplasty	Parallel groups open with blind assessment US
<b>Promega vs placebo</b>			
<b>Connor , 1993</b> n=8/8 follow-up: 6 months	Promega oil, 15g/d (6g/d EPA + DHA) versus placebo (Olive oil, 15g/d)	people with non-insulin dependant diabetes and hypertiglyceridaemia	Parallel groups double-blind US
<b>Sacks (HARP) , 1995</b> n=41/39 follow-up: 29 months	Promega capsules 12x1 g/d (6.0g EPA + DHA + DPA) versus placebo (olive oil capsules, 12x1 g/d)	people with angiographically documented CHD DPA)	Parallel groups double-blind US

More details and results :

- omega-3 fatty acids for cardiovascular prevention in all type of patients at <http://www.trialresultscenter.org/go-Q121>
- omega-3 fatty acids for cardiovascular prevention in patients at high risk at <http://www.trialresultscenter.org/go-Q123>

## References

### Milner, 1989:

Milner MR, Gallino RA, Leffingwell A, Pichard AD, Brooks-Robinson S, Rosenberg J, Little T, Lindsay J Jr Usefulness of fish oil supplements in preventing clinical evidence of restenosis after percutaneous transluminal coronary angioplasty. Am J Cardiol 1989 Aug 1;64:294-9 [2526993]

### Connor, 1993:

Connor WE, Prince MJ, Ullmann D, Riddle M, Hatcher L, Smith FE, Wilson D The hypotriglyceridemic effect of fish oil in adult-onset diabetes without adverse glucose control. Ann N Y Acad Sci 1993 Jun 14;683:337-40 [8352456]

### Sacks (HARP), 1995:

Sacks FM, Stone PH, Gibson CM, Silverman DI, Rosner B, Pasternak RC Controlled trial of fish oil for regression of human coronary atherosclerosis. HARP Research Group. J Am Coll Cardiol 1995 Jun;25:1492-8 [7759696]