

# Clinical trials of Pikasol

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## 1 cardiovascular prevention

Trial	Treatments	Patients	Trials design and methods
<b>Pikasol vs placebo</b>			
<a href="#">Bonnema , 1995</a> n=14/14 follow-up: 24 months	Pikasol fish oil capsules, 6x1 g/d (3.3g EPA + DHA) versus placebo (olive oil capsules, 6x1 g/d)	people with insulin treated diabetes and microalbuminureakK	Parallel groups double-blind Denmark

More details and results :

- omega-3 fatty acids for cardiovascular prevention in all type of patients at <http://www.trialresultscenter.org/go-Q121>
- omega-3 fatty acids for cardiovascular prevention in patients at high risk at <http://www.trialresultscenter.org/go-Q123>

## References

### **Bonnema, 1995:**

Bonnema SJ, Jespersen LT, Marving J, Gregersen G. Supplementation with olive oil rather than fish oil increases small arterial compliance in diabetic patients. Diabetes, Nutrition and Metabolism Clinical and Experimental 1995;8:81-87