

Clinical trials of MaxEPA

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1 cardiovascular prevention

Trial	Treatments	Patients	Trials design and methods
MaxEPA vs control			
Bellamy , 1992 n=60/60 follow-up: 7 months	MaxEPA capsules (3g/d EPA + DHA) versus no treatment	people referred for coronary angioplasty	Parallel groups NA UK
Dehmer , 1998 n=46/44 follow-up: 6 months	MaxEPA capsules, 18/d (5.4g EPA + DHA daily) versus no treatment	men undergoing coronary angioplasty imag	open US
Kaul , 1992 n=58/49 follow-up: 6 months	MaxEPA capsules, 10/d (3g/d EPA + DHA) versus no treatment	people undergoing angioplasty	Parallel groups open India
MaxEPA vs placebo			
Bairati , 1992 n=107/98 follow-up: 7 months	MaxEPA, 15 capsules/d (4.5g EPA + DHA) versus placebo (olive oil, 15 capsules/d)	patients undergoing planned angioplasty	Parallel groups double blind Canada
Greenfield , 1993 n=16/8 follow-up: 6 months	MaxEPA capsules, 12/d for first month, then 6/d (3.7g/d initially, then 1.9g EPA + DHA daily), all with peppermint oil to disguise taste versus placebo (olive oil capsules, 12/d for first month, then 6/d. Looked like MaxEPA and had added peppermint oil)	people with stable ulcerative colitis imag	Parallel groups double blind UK
Lau , 1993 n=32/32 follow-up: 12 months	MaxEPA 10x 1g capsules daily (2.8g/d EPA + DHA) versus placebo (air-filled capsules, 10/d)	people with rheumatoid arthritis	Parallel groups double blind UK

continued...

Trial	Treatments	Patients	Trials design and methods
Lau , 1995 n=25/20 follow-up: 6 months	MaxEPA 10x 1g capsules daily (2.8g/d EPA + DHA) versus placebo (air-filled capsules, 10/d)	people with rheumatoid arthritis	Parallel groups double blind Hong Kong
Nye , 1990 n=36/37 follow-up: 12 months	MaxEPA capsules 12/d (2.2g EPA) versus placebo (olive oil capsules, 12/d, identical to MaxEPA)	people undergoing angioplasty	Parallel groups double blind New Zealand
Singh , 1997 n=122/118 follow-up: 12 months	MaxEPA fish oil capsules 6/d (1.8g EPA + DHA) versus placebo (aluminium hydroxide 100 mg/d)	people with suspected acute MI	Parallel groups double blind India
Skoldstam , 1992 n=23/23 follow-up: 6 months	MaxEPA fish oil capsules 10/d (3.0g/d EPA + DHA) versus placebo (vegetable oil capsules 10/d)	people with rheumatoid arthritis	Parallel groups double blind Sweden
Thien , 1993 n=21/16 follow-up: 6 months	MaxEPA capsules, 18/d (5.4g/d EPA + DHA) versus placebo (olive oil capsules 18/d)	hayfever and asthma	Parallel groups double blind Australia

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More details and results :

- omega-3 fatty acids for cardiovascular prevention in all type of patients at <http://www.trialresultscenter.org/go-Q121>
- omega-3 fatty acids for cardiovascular prevention in patients at high risk at <http://www.trialresultscenter.org/go-Q123>
- omega-3 fatty acids for cardiovascular prevention in patients at low risk at <http://www.trialresultscenter.org/go-Q124>

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