

Clinical trials of MaxEPA

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1 cardiovascular prevention

| Trial | Treatments | Patients | Trials design and methods |
|---|---|---|---|
| MaxEPA vs control | | | |
| Bellamy , 1992 n=60/60 follow-up: 7 months | MaxEPA capsules (3g/d EPA + DHA) versus no treatment | people referred for coronary angioplasty | Parallel groups NA UK |
| Dehmer , 1998 n=46/44 follow-up: 6 months | MaxEPA capsules, 18/d (5.4g EPA + DHA daily) versus no treatment | men undergoing coronary angioplasty imag | open US |
| Kaul , 1992 n=58/49 follow-up: 6 months | MaxEPA capsules, 10/d (3g/d EPA + DHA) versus no treatment | people undergoing angioplasty | Parallel groups open India |
| MaxEPA vs placebo | | | |
| Bairati , 1992 n=107/98 follow-up: 7 months | MaxEPA, 15 capsules/d (4.5g EPA + DHA) versus placebo (olive oil, 15 capsules/d) | patients undergoing planned angioplasty | Parallel groups double blind Canada |
| Greenfield , 1993 n=16/8 follow-up: 6 months | MaxEPA capsules, 12/d for first month, then 6/d (3.7g/d initially, then 1.9g EPA + DHA daily), all with peppermint oil to disguise taste versus placebo (olive oil capsules, 12/d for first month, then 6/d. Looked like MaxEPA and had added peppermint oil) | people with stable ulcerative colitis imag | Parallel groups double blind UK |
| Lau , 1993 n=32/32 follow-up: 12 months | MaxEPA 10x 1g capsules daily (2.8g/d EPA + DHA) versus placebo (air-filled capsules, 10/d) | people with rheumatoid arthritis | Parallel groups double blind UK |

continued...

| Trial | Treatments | Patients | Trials design and methods |
|--|--|----------------------------------|--|
| Lau , 1995 n=25/20 follow-up: 6 months | MaxEPA 10x 1g capsules daily (2.8g/d EPA + DHA) versus placebo (air-filled capsules, 10/d) | people with rheumatoid arthritis | Parallel groups double blind Hong Kong |
| Nye , 1990 n=36/37 follow-up: 12 months | MaxEPA capsules 12/d (2.2g EPA) versus placebo (olive oil capsules, 12/d, identical to MaxEPA) | people undergoing angioplasty | Parallel groups double blind New Zealand |
| Singh , 1997 n=122/118 follow-up: 12 months | MaxEPA fish oil capsules 6/d (1.8g EPA + DHA) versus placebo (aluminium hydroxide 100 mg/d) | people with suspected acute MI | Parallel groups double blind India |
| Skoldstam , 1992 n=23/23 follow-up: 6 months | MaxEPA fish oil capsules 10/d (3.0g/d EPA + DHA) versus placebo (vegetable oil capsules 10/d) | people with rheumatoid arthritis | Parallel groups double blind Sweden |
| Thien , 1993 n=21/16 follow-up: 6 months | MaxEPA capsules, 18/d (5.4g/d EPA + DHA) versus placebo (olive oil capsules 18/d) | hayfever and asthma | Parallel groups double blind Australia |

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More details and results :

- omega-3 fatty acids for cardiovascular prevention in all type of patients at <http://www.trialresultscenter.org/go-Q121>
- omega-3 fatty acids for cardiovascular prevention in patients at high risk at <http://www.trialresultscenter.org/go-Q123>
- omega-3 fatty acids for cardiovascular prevention in pateints at low risk at <http://www.trialresultscenter.org/go-Q124>

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