

# Clinical trials of HiEPA

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## 1 cardiovascular prevention

Trial	Treatments	Patients	Trials design and methods
<b>HiEPA vs placebo</b>			
<b>Hawthorne , 1992</b> n=49/47 follow-up: 12 months	HiEPA oil, 10 ml x 2/d (5.6g/d EPA + DHA) versus placebo (olive oil, 10 ml x 2/d (0g/d EPA + DHA))	people with ulcerative colitis	Parallel groups double blind UK

More details and results :

- omega-3 fatty acids for cardiovascular prevention in all type of patients at <http://www.trialresultscenter.org/go-Q121>
- omega-3 fatty acids for cardiovascular prevention in patients at high risk at <http://www.trialresultscenter.org/go-Q123>

## References

### Hawthorne, 1992:

Hawthorne AB, Daneshmend TK, Hawkey CJ, Belluzzi A, Everitt SJ, Holmes GK, Malkinson C, Shaheen MZ, Willars JE Treatment of ulcerative colitis with fish oil supplementation: a prospective 12 month randomised controlled trial. Gut 1992;33:922-8 [[1353742](#)]