

# Clinical trials of Esapent

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## 1 cardiovascular prevention

Trial	Treatments	Patients	Trials design and methods
<b>Esapent vs placebo</b>			
<b>Maresta , 2002</b> n=169/170 follow-up: 7 months	Esapent capsules, 6/d for 2 mo, then 3/d (5.1g/d EPA + DHA initially, later 2.6g/d) versus placebo (identical olive oil capsules, 6/d for 2 mo, then 3/d)	undergoing planned PTCAB	Parallel groups double-blind Italy
<b>Sirtori , 1998</b> n=470/465 follow-up: 6 months	Esapent fish oil capsules 3/d for first 2 mo, 2/d after that (2.6g/dEPA + DHA initially, then 1.8g/d) versus placebo (olive oil capsules 3/d for first 2 mo, 2/d after that)	people with raised triglycerides plus glucose intolerance, non-insulindependent diabetes or hypertension	Parallel groups double blind Italy

More details and results :

- omega-3 fatty acids for cardiovascular prevention in all type of patients at <http://www.trialresultscenter.org/go-Q121>
- omega-3 fatty acids for cardiovascular prevention in patients at high risk at <http://www.trialresultscenter.org/go-Q123>

## References

### Maresta, 2002:

Skali H, Solomon SD, Pfeffer MA Are we asking too much of our trials? Am Heart J 2002 Jan;143:1-3 [11773904]

### Sirtori, 1998:

Sirtori CR, Crepaldi G, Manzato E, Mancini M, Rivellesse A, Paoletti R, Pazzucconi F, Pamparana F, Stragliotto E One-year treatment with ethyl esters of n-3 fatty acids in patients with hypertriglyceridemia and glucose intolerance: reduced triglyceridemia, total cholesterol and increased HDL-C without glycemic alterations. Atherosclerosis 1998;137:419-27 [9622285]