Stakos 2005

1 Treatments

Studied treatment  metformin 500 mg/d

Control treatment  placebo

Concomittant treatments  -

Women (%)  -

Age (mean), years  -

2 Patients

Patients  African-Americans with insulin resistance and family history of diabetes

Inclusion criteria  -

Exclusion criteria  -

Weight (kg)  -

Body-mass index (kg/m2)  -

Waist circumference (cm)  -

obesity  -

Family history of diabetes mellitus (%)  -

Definitions of impaired glucose tolerance and type 2 diabetes  -

3 Methods

Blinding  -

Design  -

Centers  -

Geographical area  -

Sizes  59/97

fasting plasma glucose (mmol/L)  -
2-h plasma glucose (mmol/L) -

Dyslipidaemia -

2hPG (>9·4–11·0 mmol/L) -

4 Results

<table>
<thead>
<tr>
<th>Endpoint</th>
<th>T1</th>
<th>T0</th>
<th>d</th>
<th>95% CI</th>
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<tbody>
<tr>
<td>hospitalization for heart failure</td>
<td>-9</td>
<td>-9</td>
<td>NA</td>
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<tr>
<td>death</td>
<td>-9</td>
<td>-9</td>
<td>NA</td>
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<tr>
<td>CV death</td>
<td>-9</td>
<td>-9</td>
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<td>-</td>
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<tr>
<td>CV death, MI, stroke</td>
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<td>fatal and non fatal MI</td>
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<td>fatal and non fatal stroke</td>
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<td>cardiovasculaire events</td>
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5 References