STAF (rate vs rhythm control) 2003

1 Treatments

Studied treatment  rate control and anticoagulants (or antithrombotics)

Control treatment  Direct current cardioversion with drugs to maintain sinus rhythm

Concomittant treatments  -

Age (yr)  65.8 y

Female (%)  36.5 %

Rate-control targets achieved  -

Resting heart-rate target achieved  -

Exercise heart-rate target achieved  -

2 Patients

Patients  patients with persistent atrial fibrillation

Inclusion criteria  -

Exclusion criteria  -

heart failure  55.5%

Duration of permanent atrial fibrillation  -

Duration of any atrial fibrillation  -

CHADS2 score 3-6  -

CHADS2 score 2  -

CHADS2 score 0-1  -

Heart rate at rest  -

Left ventricular ejection fraction  -

3 Methods

Blinding  open
Design  Parallel groups

Centers  -

Geographical area  -

Sizes  100/100

4 Results

<table>
<thead>
<tr>
<th>Endpoint</th>
<th>T1</th>
<th>T0</th>
<th>d</th>
<th>95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>death by cardiac arrhythmia</td>
<td>-/100</td>
<td>-/100</td>
<td>NA</td>
<td>-</td>
</tr>
<tr>
<td>combined endpoint</td>
<td>9/100</td>
<td>9/100</td>
<td>1,00</td>
<td>[0,38; 2,63]</td>
</tr>
<tr>
<td>major bleedings</td>
<td>8/100</td>
<td>11/100</td>
<td>0,73</td>
<td>[0,28; 1,89]</td>
</tr>
<tr>
<td>CV death</td>
<td>-/100</td>
<td>-/100</td>
<td>NA</td>
<td>-</td>
</tr>
<tr>
<td>Atrial fibrillation follow-up</td>
<td>91/100</td>
<td>62/100</td>
<td>1,47</td>
<td>[0,66; 3,25]</td>
</tr>
<tr>
<td>hospitalisations (excluding those for cardioversion)</td>
<td>-/9</td>
<td>-/9</td>
<td>NA</td>
<td>-</td>
</tr>
<tr>
<td>death</td>
<td>8/100</td>
<td>4/100</td>
<td>2,00</td>
<td>[0,58; 6,87]</td>
</tr>
<tr>
<td>stroke/TIA</td>
<td>1/100</td>
<td>5/100</td>
<td>0,20</td>
<td>[0,02; 1,74]</td>
</tr>
<tr>
<td>Peripheral embolism</td>
<td>1/100</td>
<td>0/100</td>
<td>3,00</td>
<td>[0,12; 74,54]</td>
</tr>
</tbody>
</table>

5 References